

Module 1 : Group Counselling

This module exposes students to the benefits and disadvantages of group counselling. Students will acquire skills to facilitate group counselling, understand the dynamics of group counselling and learn to manage issues arising from group counselling.

Module 2 : Crisis intervention

Students will acquire skills to identify and assess the different types of crisis such as suicide intervention and counselling dangerous clients. This module trains the students to employ the different intervention methods when counselling a person in a crisis situation.

Module 3 : Addiction Intervention

This module helps students gain an in-depth understanding of the different forms of addiction and the social impact they create. The module will focus on assessing the stages and cycles of addiction and train students to implement strategies to break the cycle in order to promote change. Students will also learn the techniques of relapse prevention and working with the addict's family.

Module 4 : Counselling Children

This module will help students develop an understanding to the different emotional and behavioural issues children go through when dealing with grief, loss, academic issues, peer pressure and broken families. Students will acquire skills to counsel children in home and educational settings and be able to apply techniques such as Art therapy and Play therapy to help children express themselves.

Module 5 : Supervised Practicum

Students will be attached to counselling centre to observe and gain experience in counselling under the supervision of a senior counsellor. They are required to submit a report at the end of this attachment.